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No.: 90394-8

SUPREME COURT OF THE STATE OF WASHINGTON

BRUCE PLEASANT AND KIMBERLY PLEASANT, a marital community,

Appellants,

vs.

REGENCE BLUESHIELD, a Washington Corporation,

Respondent.

APPELLANTS BRUCE AND KIMBERLY PLEASANTS' **AMENDED PETITION FOR REVIEW**

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I. IDENTITY OF THE PETITIONERS

Bruce and Kimberly Pleasant are the underlying plaintiffs in this action and appellant at the Court of Appeals.

II. CITATION OF COURT OF APPEALS DECISION

The Pleasants seek review of the Court of Appeals (Division One) decision: Cause No. 691431- I.

III. ISSUES PRESENTED FOR REVIEW

This dispute presents an issue of first impression in the State of Washington.

- 1. Does a health insurance policy which limits the amount of coverage for "rehabilitative care" also preclude coverage for all non-rehabilitative care which would otherwise be covered under the policy of insurance?
- 2. Does a policy of insurance which discourages reasonable and medically necessary treatment violate the public policy of the State of Washington?
- 3. Are the Pleasants entitled to a judicial review of whether or not a mechanical embolechtomy is experimental?
- Mr. Pleasant received reasonable and necessary medical treatment for rehabilitative care following a severe stroke. While admitted to the Swedish hospital he received rehabilitative care for

which there is a policy cap on coverage. However, he also received medical care wholly unrelated to rehabilitative care. Regence denied coverage asserting that the rehabilitative care cap on coverage applied to *ALL* medical expenses regardless of whether or not they were related to rehabilitative care or not.

IV. STATEMENT OF THE CASE

A. Background Facts.

This lawsuit arises out of Regence Blue Shield's denial of insurance benefits. CP 11. In March of 2010, Mr. Pleasant underwent a seemingly routine procedure to repair his damaged knee. CP 11-12. However, during the course of that procedure, Mr. Pleasant suffered a stroke which caused severe debilitating injuries. CP 12:2-3.

B. Mr. Pleasant Received Non-Rehabilitative Care Services.

A cursory review of the billing statements and medical records reveal that Mr. Pleasant received treatment which is not inpatient rehabilitative services as defined by the policy of insurance. CP 11. For example, Mr. Pleasant received the medication called Enoxaparin. Enoxaparin is an anti-coagulant used to prevent and treat pulmonary embolisms (the effects of stroke.) CP 113. Mr.

Pleasant received Latanoprost which is a topical ophthalmic solution used to reduce pressure inside the eye. See CP 97. Mr. Pleasant received numerous blood draws, laboratory tests, etc. related to monitoring his blood and recovery from the stroke. CP 105.

Mr. Pleasant received a CT scan as part of the procedure to remove and replace a blood filter. CP 105, CP 107. Again, this procedure had nothing to do whatsoever with rehabilitative care as defined under the policy of insurance.

Mr. Pleasant received Visipaque injections which are radiographic contrast mediums used to enhance x-ray imaging. CP 102. CP 115-116. Regence has denied these claims apparently contending that x-rays are rehabilitative services. Regence has also denied the expenses associated with the nearly 20 blood draws and associated lab work of Mr. Pleasant's blood, apparently on the basis that these blood draws constitute rehabilitative services as well.

Mr. Pleasant was treated by Dr. David R. Clawson. These included medication, laboratory work and a CT scan. Additionally, Mr. Pleasant underwent a procedure to remove and replace a blood filter. These medications and treatments were related to Mr.

Pleasant's stroke. These treatments were medically necessary regardless of whether or not Mr. Pleasant was receiving treatment for physical therapy, speech therapy and occupational therapy. CP 125-126.

Regence paid for these same types of medications and procedures during Mr. Pleasant's initial hospitalization and denied later.

	PAID	DENIED
1.	Swedish Medical Center	Swedish Medical Center
2.	Filter Replacement	Filter Replacement
	Treatment rendered on	Treatment rendered on
	3/26/10; CP 594	5/24/10; CP 106
3.	CT Scan	CT Scan
	Treatment rendered 3/2010-4/2010; CP 597	Treatment rendered 5/22/10 CP 107
4.	Draw Fees	Draw Fees
	Treatment rendered 3/21/10-4/5/10; CP 595	Treatment rendered 5/6/10-5/31/10; CP 106
5.	Latanoprost – Medication	Latanoprost - Medication
	Treatment rendered	Treatment rendered 5/5/10
	3/19/10; CP 586	- relieves pressure in the eye CP 97
6.	Contrast Visipaque –	Contrast Visipaque -
	Medication	Medication
	Treatment rendered 3/18/10; CP 585	Treatment rendered 5/24/10 - x-ray medium; CP 103
7.	Docusate – Medication	Docusate – Medication
' '	Treatment rendered	Treatment rendered 5/25/10
	3/26/10; CP 588	- stool softener; CP 103
8.	Gabapentin - Medication	Gabapentin - Medication
	Treatment rendered	Treatment rendered 5/23/10
	3/24/10; CP 588	- pain meds/anti-convulsion;
		CP 102
9.	Simvastatin – Medication	Simvastatin – Medication

Treatment rendered 3/24/10; CP 588	Treatment rendered 5/22/10 - Statin: lowers cholesterol;
	CP 102

C. The Policy of Insurance.

The policy of insurance is organized in such a way that it is broken down into various articles numbered as Articles 1-8. CP 166. Rather than first setting forth the grant of coverage followed by the exclusions, the Regence Policy addresses what is excluded before addressing what is covered. *Id.*

With this in mind, Article 8 of the policy of insurance provides in part:

ARTICLE 8 BENEFITS

- 8.2 BENEFIT PROVISIONS. The Benefits of this Article for Medically Necessary services, will be provided at the payment levels specified in the Payment Schedule in the *Guide to Using Your Benefits*, subject to all limitations, exclusions, and provisions of this Contract.
- 8.5 COVERED BENEFITS. The Benefits described in this Article will be provided at the payment level specified in the Payment Schedule in the *Guide to Using Your Benefits*. All Benefits are subject to the preadmission approval provision described in this Article, and to all conditions and limitations stated in the Benefit sections below or elsewhere in this Contract, as determined by the Company. All services and supplies must be Medically Necessary as defined in Article 1, except as provided in this Article for preventive care services.
- 8.6 PROFESSIONAL SERVICES. The services of a provider who is not a facility that provides Inpatient

services, will be provided for the diagnosis and treatment of illness, accidental injury, or physical disability including x-ray and laboratory, surgery, second opinions, injectable drugs for covered conditions in the office, home, Hospital, or skilled nursing facility, and for covered services for women's health to include gynecological care and general exams as medically appropriate and medically appropriate follow-up visits.

- 8.7 HOSPITAL FACILITY.
- 8.7.1 INPATIENT BENEFITS. When the Member is confined as an Inpatient, Benefits will be provided for services and supplies provided by a Hospital. Room and board is limited to the Hospital's average semiprivate room rate, except where a private room is determined to be Medically Necessary.

See, CP 73-76.

Article 1 of the Policy sets forth the pertinent definitions:

ARTICLE 1 DEFINITIONS

- 1.12 HOSPITAL. An accredited general Hospital that is a provider covered under this Contract.
- 1.13 INPATIENT. A person confined overnight in a Hospital or other facility as a regularly admitted bed patient to whom a charge for room and board is made in accordance with the Hospital's or facility's standard practice.
- 1.14 INPATIENT REHABILITATION ADMISSION. An inpatient admission to a Company approved facility specifically for the purpose of receiving speech, physical, or occupational therapy in an inpatient setting.

See, CP 34-36.

The limitations and exclusions are found in Article 6. The policy provides in part:

ARTICLE 6 LIMITATIONS AND EXCLUSIONS; WAITING PERIODS

6.1.11 Drugs, except as follows:

- Drugs will be provided for the Inpatient who is receiving the Benefits of this Contract for that confinement, unless otherwise excluded under this Contract.
- 6.1.24 Services and supplies that are not Medically Necessary for treatment of an illness, injury, or physical disability, including routine physical and hearing exams and related x-ray and laboratory, except as specified in Article 8.
- 6.1.34 Treatment for rehabilitative care, including speech therapy, physical therapy, or occupational therapy, except as specified in the Home Health, Hospice, and Rehabilitation Benefits of Article 8.

CP 64-67.

D. Regence Denied the Costs Associated with Mr. Pleasant's Mechanical Embolectomy Procedure.

As noted above, Mr. Pleasant received a mechanical embolectomy¹ in treatment for his stroke in order to restore the flow

¹ A mechanical embolectomy involves a mirco-catheter being placed in the blood vessel and being directed to the area of the blood clot. CP 605:10-17. At the end of the device, there is a helical coil which is used to grasp the obstruction, allowing for the obstruction to be pulled back out through the blood vessel, thus restoring blood flow to the area affected by the stroke. *Id.*

of blood to Mr. Pleasant's brain. CP 125-126, ¶2-5; see also, CP 605:18.

The treatment was *medically necessary* following Mr.

Pleasant's March 2010 stroke as determined by his treating medical providers:

Mr. Pleasant received treatment while at the rehabilitation center. He received certain treatment which was medically necessary regardless of the setting in which he received the treatment. Examples include medication, laboratory work, and a CT scan. Additionally, Mr. Pleasant underwent a procedure to remove and replace a blood filter. Again, these are treatments Mr. Pleasant received related to his stroke. The procedures, lab work and medicines needed regardless of Pleasant's setting. In other words, Mr. Pleasant would have needed these treatments whether or not he had been admitted for in-patient rehabilitative services.

CP 125-126: ¶5 (emphasis added).

Regence's denial of the mechanical embolectomy procedure was based, in part, upon a medical policy (which was identified after the close of discovery) which was drafted by a medical policy clinician. A medical policy clinician is not a doctor but "either a nurse or has some other advanced training, like an MPH." CP 1549:5-13. This medical policy is not part of the policy of insurance.

Regence's own reviewing neurosurgeon, Dr. Maurice Collada, strongly asserts that denial of a mechanical embolectomy procedure is "unwise, inappropriate, indefensible." Dr. Collada states:

Folks to suggest that a technique that reconstitutes the blood vlagus mechanically to areas of the brain compromised due to blocked a intracerebral vessel should not be done. or should not be funded is unwise, inappropriate, indefensible. studies are already fairly strong. presume you would not refuse payment in an effort to reconstitute the flow in an occluded carotid artery by way of an endarterectomy, and yet the double blinded studies in that area are also lacking. I think that this is like asking to get more convincing double blinded studies before you jump out of a crashing airplane with a parachute. I would urge a rethinking of this policy.

CP 1564 (emphasis added).

A year later, during another review, Dr. Collada again renewed his position, calling Regence's denial of mechanical embolectomy treatments "preposterous" and "unconscionable":

I totally disagree with the decision to make this experimental, and not have this as an option in stroke management. I do think clear criteria, and timelines exist. I also understand why the double blind studies have been so difficult since it would be *unconscionable* to do a

double blind study just as it would be unconscionable to do a double blind study in the use of parachutes when jumping out of airplanes. Once you do have timelines, and criteria in place that you can study, and track, realizing reconstituting the cerebral blood flow is the goal, then it is preposterous to keep this outside of our armamentarium. Not having this option would hinder stroke management substantially, and be a disservice to your clients.

CP 1565 (emphasis added).

Regence denied the mechanical embolectomy procedure on an unexplained determination that the procedure was "investigational." CP 605:19 and CP 685-686. The procedure has received FDA approval by Medicaid/Medicare. CP 1532-36. CP 688-691.

E. Procedural History.

Following the expiration of the discovery deadlines, the Pleasants moved for Summary Judgment on the issue of the mechanical embolectomy. CP 604-610. The Pleasants argued that the burden of proof for establishing exclusionary provisions in the policy of insurance rested upon the insurer. CP 607-608. In response, Regence offered the Declaration of Richard Rainey, M.D. CP 789-791 and 799-800. Dr. Rainey had never previously been identified as a witness, let alone a testifying expert. CP 1199:1-16.

Nevertheless, and over the objection of the Pleasants, the

trial court accepted the Declaration of Dr. Rainey. RP 25:9-12. The trial court ruled that Regence had followed the "procedure" for determining that the mechanical embolectomy procedure was "investigational" but neglected to analyze whether or not the procedure was in *fact* investigational. RP 16: 17-21, 18:2-7, 19:13-20, 23:4-23 and 24:20-25. The trial court summarily dismissed the remaining causes of action asserted by the Pleasants. RP 25:5-8.

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V. ARGUMENT

Mr. Pleasant suffered a massive stroke which required immediate and intensive medical care. Mr. Pleasant treated at Swedish Medical Center for the stroke. After treatment at the hospital, Mr. Pleasant continued to require medical care for conditions caused by the stroke. In addition to that, Mr. Pleasant required rehabilitative services. As soon as Mr. Pleasant started rehabilitative care, Regence cutoff payment for medical expenses that had nothing to do with rehabilitation. Regence did this because the policy limit for rehabilitative care was only \$4,000. After paying the \$4,000.00 policy limit for rehabilitative care, Regence denied tens of thousands of dollars of medical care caused by the stroke which had nothing to do with rehabilitative care.

A. The Petition for Review Involves a Substantial Public Interest that the Supreme Court Should Address.

RAP 13.4 (b)(4) provides that the Supreme Court may accept a petition for review "[I]f the Petition involves a substantial public interest that should be determined by the Supreme Court."

The very basic concept of health insurance becomes illusory when an insurer is able to limit coverage through the use of an cap on rehabilitative care to deny other reasonable and necessary medical treatments. In this case, Regence has denied payment for non-rehabilitative care medical services by arguing that the cap on "rehabilitative care" applies to all other reasonable and necessary medical treatment merely because a patient is initially admitted to a hospital for rehabilitative care. Such a position contravenes public policy, contravenes an insured's reasonable expectations to coverage and only serves to discourage medical treatment while punishing those who do.

B. Neither a Patient's Geographical Location within a Hospital nor the Reason for the Admission should Preclude Coverage for Reasonable and Necessary Medical Expenses.

It is important to note that Mr. and Mrs. Pleasant have never asserted that he was not admitted to the Swedish Hospital for purposes of receiving rehabilitative care. Mr. and Mrs. Pleasant

have likewise never asserted that the rehabilitative care limit does not apply to rehabilitative care. Mr. and Mrs. Pleasant have also never asserted that they weren't advised that there was a cap on rehabilitative care.

The argument which has been presented by Mr. and Mrs.

Pleasant is that they are entitled to healthcare coverage for all nonrehabilitative care which is ordinarily covered under the policy of
insurance.

As set forth above, Mr. Pleasant received both rehabilitative care and non-rehabilitative care while he was admitted at the Swedish Hospital. There has been no dispute presented by Regence indicating that the treatments and medications set forth in the chart at page 5 are rehabilitative care as defined under the policy of insurance. Regence has simply taken the position that once a patient is admitted to the hospital for rehabilitative care, the maximum coverage for all medical treatment is capped regardless of the nature of that medical treatment, the need for that medical treatment separate or from any considerations of a commonsense reading of the policy of insurance.

The fallacy of Regence's arguments is quickly exposed when one considers simple hypotheticals related to their coverage

position. For example, if a patient who is in a rehabilitative care facility were to receive an unrelated traumatic injury while an inpatient, the total medical coverage would be limited to \$4,000.00. An example would include if an inpatient tripped and fell and sustained a traumatic brain injury. Given the severity of the injury, the healthcare providers choose to treat the patient where the injury occurred within the hospital i.e., on the fifth floor as opposed to transporting the patient to the ER. If this court were to adopt Regence arguments, this would mean that the otherwise covered expenses related to treatment of a traumatic brain injury would somehow be subject to a \$4,000.00 cap merely because the patient was originally admitted for inpatient rehabilitative purposes.

Regence's argument in this regard contravenes public policy and quite frankly, common sense. In order to secure coverage, Regence would advocate that the inpatient traumatic brain injury patient, or as in Mr. Pleasant's situation, stroke victim, would be required to be discharged from "inpatient rehabilitative" care. And then be readmitted to the exact same facility for "acute critical care" in order to secure insurance coverage. Such an argument contravenes the clear public policy of creating *affordable*

healthcare while needlessly driving up the administrative expenses associated with healthcare.

Mr. Pleasant's predicament illustrates this point. There has been no dispute that Mr. Pleasant needed a blood filter in order to treat him for the acute stroke. Likewise, there has been no dispute that replacement of the filter is a reasonable and necessary medical expense as part of that ongoing treatment. And finally, there has been no dispute that absent his admission for "inpatient rehabilitative care", he would ordinarily have received insurance coverage for the replacement of the blood filter. However, Regence has taken the position that because he was already at Swedish Hospital and already admitted as an inpatient for rehabilitative care, he is not entitled to coverage for the replacement of the blood filter. According to Regence's logic, Mr. Pleasant, on the date needed for the replacement of his blood filter, should have discharged himself from the inpatient rehabilitative floor of the Swedish Hospital, readmitted himself to another floor on the Swedish Hospital, had the doctor replace the blood filter, then discharge himself from that floor of the Swedish Hospital and readmit himself back onto the inpatient floor of the same hospital. The logistical absurdity of this argument is readily apparent.

Isn't the more common sense and reasonable approach simply to have the doctor take the elevator down three floors, replace the blood filter where the patient is located in the bed the patient is already occupying? The approach undertaken by Mr. Pleasant's healthcare providers was a decision out of his control. The decision made sense at the time, and makes sense now. It was much easier for the doctor to go Mr. Pleasant's current room of admission and perform the procedure to replace the blood filter. The policy of insurance as well as common sense and public policy all support a finding that the Pleasants are entitled to insurance coverage for these non-rehabilitative care services which were performed contemporaneously with Mr. Pleasant's inpatient admission.

Two other jurisdictions have considered this same predicament. In the decision of National Family Care Life Ins. Co. v. Kuykandall, 705 SW 2d 267 (1986), the court held:

> The contract clearly evinces an intent to cover the care that appellee received, regardless of the label given to the part of the hospital where he received the care.

Distinguishing the two units on the basis of label while defining only one and not the other is like comparing apples to

oranges and creates an ambiguity to be construed most strongly against the insurer.

CP 18; Appendix A.

The *Kuykandall* decision involved a nearly identical attempt by an insurer to deny coverage following a pulmonary embolus (stroke). In that case, the patient was moved from one side of the hospital to the other. This is directly analogous to moving Mr. Pleasant from one floor to the other. CP 18.

Dobias v. Service Life Insurance Company of Omaha, 469
N.W.2d 143 (1991), is also analogous to the instant matter. CP 18;
Appendix B. The facts of *Dobias* involved a patient's move from one floor of the hospital to another. The insurer claimed that coverage was available while the patient was on one floor of the hospital but not on another. The Court flatly rejected this contention. The *Dobias* court held:

Any rehabilitative care which she received at Immanuel was incidental to the acute hospital care necessary to avoid the life-threatening complications she faced as a result of a spinal cord injury and paralysis.

A hospital by any other name, still provides acute medical care, and Pam received acute medical care at Immanuel.

CP at 18; Appx. E at 124,¶3.

The *Dobias* court held that the insured was entitled to coverage under the policy of insurance.

At best, and in the absence of any controlling Washington authority, the Regence policy provisions would be ambiguous and subject to reasonable interpretations. The Pleasants presented two reasonable interpretations of the subject provisions thereby affirmatively establishing an ambiguity in the policy language.

C. If a Procedure is Deemed "Experimental" and Subject to Denial, the Exclusion for the Procedure Must be Set Forth in the Policy of Insurance or Solidly Backed Up by the Generally Accepted Medical Community.

As set forth above, Mr. Pleasant received a mechanical embolechtomy procedure. Obviously Mr. Pleasant was unconscious at the time the decision to perform this procedure was made. His doctor presumably, deemed the procedure medically necessary in order to further the immediate need for restoring blood flow to Mr. Pleasant's brain.

Regence denied the claim for the procedure based upon its conclusion that it was experimental in nature. However, nowhere in the policy of insurance which creates the contract between the parties does Regence ever identify this procedure as experimental. Instead, Regence attempts to argue that a "policy" (some type of internal policy, but certainly not the policy of insurance,) that it

made the determination that the procedure was experimental.

Through the course of discovery, after orders compelling that discovery, the Pleasants learned that Regence had in fact been informed by several of its own commenting doctors that the procedure was in fact *not* experimental. Moreover, the procedure has received FDA approval and is approved by Medicaid/Medicare.

CP 1532-1536, CP 688-691.

The position advocated by Regence and adopted by the lower courts is that an insurer does have the unilateral right to make such determination and is not subject to scrutiny or review by any trier of fact or reviewing court. This leaves the door open for rampant abuse by healthcare insurers to deny coverage for procedures it deems as experimental when the generally accepted medical community does not share that opinion. In essence, Regence claims its right to be the sole adjudicator as to whether or not a certain procedure is in fact experimental and an aggrieved patient has absolutely no right to challenge that determination. Such a position is contrary to the fundamental notions of due process and fair play.

VI. CONCLUSION

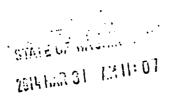
This case involves issues as substantial public interest. Whether or not an insurer can cap coverages based upon a geographical location of a patient within a hospital is of substantial importance. The issue of whether or not an insurer can apply a cap on coverage for any patient rehabilitative services to other noninpatient rehabilitative treatment is likewise an issue of substantial public importance. The public policy of the State of Washington as well as the United States should dictate that a common sense, rational and cost effective approach should be adopted with respect to healthcare insurance. The rule of law articulated below leads to an absurd result and defeats public policy by only further driving up the costs of healthcare while discouraging patients from seeking rehabilitative care out of fear that they may somehow lose valuable insurance coverage for non-rehabilitative care services. Supreme Court review is warranted in this matter.

DATED THIS ________day of June, 2014.

COLE WATHEN I LEID I HALL, P.C.

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APPENDIX A



IN THE COURT OF APPEALS OF THE STATE OF WASHINGTON

BRUCE PLEASANT and KIMBERLY PLEASANT, a marital community,)	No. 69143-1-I
Appellants,	\	DIVISION ONE
Appellants,)	
V.)	UNPUBLISHED OPINION
REGENCE BLUE SHIELD,)	
Respondent.	ý	FILED: March 31, 2014

SCHINDLER, J. — Bruce Pleasant sued Regence BlueShield alleging breach of contract, bad faith, and violation of the Consumer Protection Act, chapter 19.86 RCW, for denying coverage for nonrehabilitative services and medications he received during inpatient rehabilitation and for a mechanical embolectomy procedure. On cross motions for summary judgment, the court dismissed the lawsuit against Regence. We affirm.

FACTS

Bruce Pleasant had an individual health care plan with Regence BlueShield in 2010. The health care plan was approved by the Washington State Office of the Insurance Commissioner.¹

On March 18, 2010, 50-year-old Pleasant suffered a stroke while undergoing knee surgery at Stevens Hospital. Pleasant was transported to Swedish Medical Center

¹ See RCW 48.44.020 and WAC 284-43-920.

and admitted to the intensive care unit (ICU). The doctors performed a number of medical procedures including a mechanical embolectomy.²

On March 22, Pleasant's relative, Bob Quigley, called Regence to ask about rehabilitation coverage. Regence informed Quigley that the health care plan had a "\$4,000 per calendar year maximum" for inpatient rehabilitation. The transcript of the phone call between Quigley and Regence customer service representative Shannon Grim states, in pertinent part:

BOB: He's going to need therapy, some sort of rehabilitation therapy. Is there a special coverage for that?

SHANNON: There is, and I want to be able to explain it so it isn't confusing. It is considered a rehab benefit, which is occupational, rehab,

speech, massage therapy, all under the same benefit. . . . For inpatient, . . . there is a \$4,000 per calendar year maximum. That is for while he's in the hospital, that's the inpatient rehab.

On March 24, the family met with a care manager at Swedish Medical Center. The family told the care manager they were interested in the Acute Rehabilitation Unit (ARU) at Swedish where an inpatient receives "three hours of therapy a day, seven days a week." The care manager reiterated that the health care plan had a \$4,000 limit for inpatient rehabilitation and discussed other options. But the family told the care manager they were "only interested in ARU at this time" and "may be willing to pay privately for ARU." The care manager suggested the family meet with ARU admission coordinator Meghan Trigg. The March 24 medical records state, in pertinent part:

I spoke with pts [(patient's)] wife . . . , daughter . . . , and Son . . . in room about plan of care They would like pt. [(patient)] to go to ARU. I explained that pt. has a limited benefit [for rehabilitation] I will have ARU Coordinator, Meghan Trigg discuss with them. I will also give them SNF [(skilled nursing facility)] options but they really are only interested in ARU at this time. Wife . . . has discussed hiring PT/OT [(physical

² A mechanical embolectomy is a procedure intended "to restore blood flow in the neurovasculature by removing thrombus in patients experiencing ischemic stroke."

therapist/occupational therapist)] at home and . . . family may be willing to pay privately for ARU.

When Trigg met with the family to discuss inpatient rehabilitation, she also reiterated the Regence health care plan had a \$4,000 limit and gave the family a benefits form. The benefits form states for "stay on the inpatient rehabilitation unit are: Covered at 80%. Limit \$4000 per 12 months." Trigg discussed a number of other options with the family including using the benefit for a 30-day stay at a skilled nursing facility. The March 24 medical records state, in pertinent part:

Unfortunate situation in that patient has limited ARU benefit of \$4000. Discussed this with the whole family today I gave them several options:

- 1. They could have patient transfer to SNF and start therapy and work up to ARU in order to save some money. Patient could return to ARU when he is really able to maximize its benefit before returning home. This would allow him to return home with better function and be the least expensive.
- 2. They could come to ARU and focus efforts and therapy on discharge to home with hospital bed, bedside commode, and wheelchair, this would shorten the stay, and get the patient home as quickly as possible. The family would then need to provide 24 hour care or hire help.
- 3. They could come directly to ARU and stay until they are comfortable taking him home. This would be the most expensive option.

On March 25, one of the treating doctors, Dr. David Clawson, met with Pleasant and his family to discuss rehabilitation. Dr. Clawson recommended Pleasant use skilled nursing care and "reevaluate his progress in a month" before considering "bring[ing] him onto an acute rehabilitation service." The medical records state, in pertinent part:

My understanding is that [Pleasant] has a limited rehabilitation benefit and I think in this early phase of his postacute care he would [be] best served in a subacute or skilled nursing setting. We can reevaluate

³ The health care plan provides for 30 days of skilled nursing care:

SECTION 8.30 SKILLED NURSING FACILITY. Inpatient services and supplies by a skilled nursing facility will be provided for illness, accidental injury, or physical disability, limited to 30 days per Year.

his progress in a month, and then consider bring[ing] him onto an acute rehabilitation service with eventual hope of a community discharge.

Pleasant decided to use the skilled nursing benefit before using the limited rehabilitation benefit and "then pay privately at ARU when ARU benefit has been exhausted." The medical records for March 30 state, in pertinent part:

Patient has 30 day SNF benefit under insurance policy whereay [sic] he has a \$4000 ARU benefit (a little over 2 days). Per discussions with ARU Coordinator, Meghan Trigg, PT/OT, and Dr. Clawson, pt. should utilize SNF benefit first to strengthen [right] leg and then return to ARU (which has accepted him). Pt. will then pay privately at ARU when ARU benefit has been exhausted.

On April 5, Swedish discharged Pleasant to an inpatient skilled nursing facility,
The Springs at Pacific Regent. Thirty days later, on May 5, the ARU admitted Pleasant
as an inpatient for "rehabilitation." The ARU provides intensive rehabilitation therapy
only to patients who are medically stable.

The medical records for May 5 state the inpatient ARU admission for Pleasant is "Physician Referral (Non-health Care Facility Point of Origin)," and the "Reason for Admission" is "for rehabilitation." The "Admission Type" is "Elective," the "Primary Service" is identified as "Rehab," and the "Secondary Service" is listed as "None." Pleasant left the ARU on May 31.

Regence paid approximately \$250,000 for the inpatient hospital care Pleasant received at Swedish from March 18 until his discharge on April 5. Regence also paid for the one month of inpatient skilled nursing care at The Springs at Pacific Regent.

Under the terms of the health care plan, Regence paid only \$4,000 for the rehabilitation expenses incurred while Pleasant was an inpatient at the ARU. Pleasant incurred approximately \$138,000 in medical expenses while a rehabilitative inpatient at

the ARU—approximately \$95,000 for rehabilitation and physical, occupational, and speech therapy, \$25,600 for medications, and the remaining \$17,400 for medical and surgical supplies and devices and laboratory tests.

Regence did not pay \$415 for the mechanical embolectomy procedure. On July 8, 2010, Regence sent Pleasant a letter concerning denial of coverage for the mechanical embolectomy. Regence explained that under the "Regence Medical Policy Mechanical Embolectomy for Treatment of Acute Stroke" (Medical Policy), the procedure was excluded as "investigational" and provided a link to the Medical Policy posted on its website. The Medical Policy states, in pertinent part:

Mechanical embolectomy is considered investigational in the treatment of acute stroke.

The available published data are not sufficient to determine whether this approach improves health outcomes. . . . Given the lack of controlled studies to assess the impact of this treatment on outcome, the effectiveness of mechanical embolectomy for the management of acute stroke remains uncertain.

On February 9, 2011, Pleasant filed a lawsuit against Regence alleging breach of contract, bad faith, and violation of the Washington Consumer Protection Act (CPA), chapter 19.86 RCW, for refusing to pay for services and drugs he received while an inpatient at the ARU.

Pleasant filed a motion for summary judgment arguing he was entitled to payment for the medically necessary services and medications he received while a rehabilitative inpatient at the ARU. Pleasant relied on the provision of his health care plan that states when confined as an inpatient at a hospital, "[b]enefits will be provided for services and supplies . . . determined to be Medically Necessary." Pleasant also

submitted the declaration of Dr. Clawson. Dr. Clawson states that Pleasant received "medically necessary" care while at the ARU. The declaration states, in pertinent part:

Mr. Pleasant received treatment while at the rehabilitation center. He received certain treatment which was medically necessary regardless of the setting in which he received the treatment. Examples include medication, laboratory work, and a CT^[4] scan. Additionally, Mr. Pleasant underwent a procedure to remove and replace a blood filter. Again, these are treatments Mr. Pleasant received related to his stroke. The procedures, lab work and medicines were needed regardless of Mr. Pleasant's setting. In other words, Mr. Pleasant would have needed these treatments whether or not he had been admitted for in-patient rehabilitative services.

Regence filed a cross motion for summary judgment. Regence argued there was no dispute Pleasant was admitted to the ARU as an inpatient for rehabilitation and the health care plan expressly limited coverage for inpatient rehabilitation to \$4,000.

In opposition, Pleasant argued there was a material issue of fact about whether Regence properly informed him of all of the benefit options under the plan. Pleasant also argued that Regence never produced evidence supporting denial of coverage for the mechanical embolectomy as an experimental or investigational procedure.

Regence moved to strike the claim that it improperly denied coverage for the mechanical embolectomy. Regence pointed out Pleasant raised the argument that the insurance policy covered the mechanical embolectomy procedure for the first time in opposition to summary judgment.

The court granted Regence's motion for summary judgment in part. The court ruled that under the terms of the health care plan, Pleasant was entitled to reimbursement of only \$4,000 for inpatient rehabilitation at the ARU. The court also dismissed the claim that Regence did not fully inform Pleasant of his benefits and

^{4 (}Computerized tomography.)

options under the health care contract. However, the court denied summary judgment on whether Regence properly denied coverage for the mechanical embolectomy. The "Order Granting In Part Regence's Motion for Summary Judgment" states, in pertinent part:

- Regence's policy with Mr. Pleasant caps claims for individuals in rehabilitative care and Regence properly enforced the terms of its contract for Mr. Pleasant's inpatient rehabilitation admission in May 2010; and
- b) Plaintiff's extra-contractual claims, based on allegations that Regence did not advise Mr. Pleasant to be discharged from the rehabilitation unit at an earlier time.

The court DENIES summary judgment, without prejudice, on whether the denial of payment for mechanical embolectomy was proper since the court does not believe it has sufficient evidence in the record to make a determination of exactly when the treatment was provided and whether it is covered. Defendant proffered the argument that it should be dismissed because it was not pled in the complaint. As a notice pleading state, Plaintiff is not required to put the particular treatment at issue in order to be able to assert a breach of contract claim regarding that treatment.

Approximately two months later, the parties filed cross motions for summary judgment on whether Pleasant was entitled to payment of \$415 for the mechanical embolectomy procedure. Pleasant argued the exclusion for an experimental or investigational procedure did not apply to the mechanical embolectomy. Regence argued the mechanical embolectomy procedure was investigational. In support, Regence submitted the declaration of Regence Medical Director Dr. Richard Rainey, the Medical Policy, and the medical studies and literature it relied on in determining the procedure was investigational. Dr. Rainey states that Regence periodically reviews and updates the Medical Policy on mechanical embolectomy "based on research, studies, medical literature, peer review publications, or other events occurring since the last review and update."

Pleasant moved to strike the Medical Policy, the medical studies and literature, and the declaration of Dr. Rainey. Pleasant argued Regence had not previously produced the Medical Policy and the medical literature or identified Dr. Rainey as a witness. In response, Regence asserted the Medical Policy was provided to Pleasant before he filed the lawsuit, and the medical studies and literature were produced in compliance with the court order extending the date to respond to discovery. Regence also asserted that the disclosure of possible primary witnesses reserved the right to include Dr. Rainey as a witness.

At the beginning of the hearing on the cross motions for summary judgment, the court denied Pleasant's request to exclude the Medical Policy, the medical studies and literature, and Dr. Rainey's declaration. The court granted Regence's motion for summary judgment dismissing the claim that Regence improperly denied coverage for the mechanical embolectomy procedure as well as "all remaining claims in this case . . . with prejudice."

ANALYSIS

Pleasant contends the court erred in ruling the health care plan excludes coverage for medically necessary services and the medications he received while an inpatient at the ARU and the mechanical embolectomy procedure.⁵

We review summary judgment de novo. <u>Smith v. Safeco Ins. Co.</u>, 150 Wn.2d 478, 483, 78 P.3d 1274 (2003). Summary judgment is appropriate if there is no genuine

⁵ Below, Pleasant claimed the \$4,000 limit for inpatient rehabilitative care violated public policy. In his brief on appeal, although Pleasant identifies as an issue whether the health care plan is void as against public policy, because he provides no argument or citation to authority, we do not consider this argument. See RAP10.3(a)(6); Cowiche Canyon Conservancy v. Bosley, 118 Wn.2d 801, 809, 828 P.2d 549 (1992) (assignments of error unsupported by reference to the record or argument will not be considered on appeal).

issue as to any material fact and the moving party is entitled to a judgment as a matter of law. CR 56(c). By filing cross motions for summary judgment, the parties concede there were no material issues of fact. <u>Tiger Oil Corp. v. Dep't of Licensing</u>, 88 Wn. App. 925, 930, 946 P.2d 1235 (1997).

Interpretation of an insurance contract is also a question of law that we review de novo. Overton v. Consol. Ins. Co., 145 Wn.2d 417, 424, 38 P.3d 322 (2002); Quadrant Corp. v. Am. States Ins. Co., 154 Wn.2d 165, 171, 110 P.3d 733 (2005). Because insurance policies are contracts, the principles of contract interpretation apply.

Quadrant, 154 Wn.2d at 171. If the language in an insurance contract is not ambiguous, the court must enforce it as written and may not modify the contract or create an ambiguity where none exists. State Farm Mut. Auto, Ins. Co. v. Ruiz, 134 Wn.2d 713, 721, 952 P.2d 157 (1998). A provision is ambiguous if, on its face, it is fairly susceptible to more than one reasonable interpretation. Quadrant, 154 Wn.2d at 171.

The party seeking to establish coverage bears the initial burden of proving coverage under the policy has been triggered. <u>Diamaco, Inc. v. Aetna Cas. & Sur. Co.</u>, 97 Wn. App. 335, 337, 983 P.2d 707 (1999). The insurer bears the burden of establishing an exclusion to coverage. <u>Diamaco</u>, 97 Wn. App. at 337. We construe any ambiguity in an exclusion against the insurer. <u>McDonald v. State Farm Fire & Cas. Co.</u>, 119 Wn.2d 724, 733, 837 P.2d 1000 (1992).

Inpatient Rehabilitation

Pleasant contends the policy covers all medically necessary nonrehabilitative expenses he incurred while an inpatient at the ARU at Swedish, including x-rays, blood

draws, laboratory work, and medications. Regence argues the health care contract expressly limits the benefit Pleasant is entitled to receive as an inpatient admitted for rehabilitation. We agree.

The Regence individual health care plan provides benefits subject to specific limitations and exclusions. Article 8 defines benefits the insured is entitled to receive.

Section 8.2 states Regence agrees to provide benefits for medically necessary services "subject to all limitations, exclusions, and provisions of this Contract."

The "Limitations and Exclusions" section excludes treatment for rehabilitative care "including speech therapy, physical therapy, or occupational therapy, except as specified in the . . . Rehabilitative Benefits of Article 8." Article 6 provides, in pertinent part:

ARTICLE 6	LIMITATIONS AND EXCLUSIONS; WAITING

PERIODS

SECTION 6.1 LIMITATIONS AND EXCLUSIONS. No Benefits will

be provided for any of the following conditions, treatments, services, or supplies, or for any direct

⁶ Article 8 provides, in pertinent part:

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ARTICI	F	2	RENEEITS

SECTION 8.1 AGREEMENT TO PROVIDE BENEFITS. The Company agrees

to provide coverage to the Member, while this Contract is in force, for the services of Preferred Plan and Participating Providers as specified in this Article that are within the scope of

their practice. . .

SECTION 8.2 BENEFIT PROVISIONS. The Benefits of this Article for

Medically Necessary services, will be provided at the payment levels specified in the Payment Schedule in the <u>Guide to Using</u>

<u>Your Benefits</u>, subject to all limitations, exclusions, and provisions of this Contract.

SECTION 8.5 COVERED BENEFITS. The Benefits described in this Article

will be provided at the payment level specified in the Payment Schedule in the <u>Guide to Using Your Benefits</u>. All Benefits are subject to the preadmission approval provision described in this Article, and to all conditions and limitations stated in the Benefit sections below or elsewhere in this Contract, as determined by the Company. All services and supplies must be Medically Necessary as defined in Article 1, except as provided in this

Article for preventive care services.

complications or consequences thereof, unless otherwise specified. . . .

6.1.34

Treatment for rehabilitative care, including speech therapy, physical therapy, or occupational therapy, except as specified in the Home Health, Hospice, and Rehabilitation Benefits of Article 8.

Pleasant relies on Section 8.7, "Hospital . . . Inpatient Benefits," to argue he is entitled to coverage for all the medical expenses he incurred while at the ARU at Swedish. Section 8.7 states, in pertinent part:

SECTION 8.7

HOSPITAL FACILITY.

8.7.1

INPATIENT BENEFITS. When the Member is confined as an Inpatient, Benefits will be provided for services and supplies provided by a Hospital.

Regence relies on Section 8.29, "Inpatient Rehabilitation," to argue that under the terms of the policy, benefits are limited to \$4,000 for the expense incurred while an inpatient at the ARU. Section 8.29 states, in pertinent part:

SECTION 8.29

REHABILITATION. The Benefits described below will be provided when Medically Necessary to restore and improve function that was previously normal but lost following a documented injury or illness:

8.29.1

INPATIENT. The Professional, Inpatient Hospital, and Skilled Nursing Facility Benefits of this Article will be provided to an Inpatient for an Inpatient Rehabilitation Admission for physical therapy, speech therapy, and occupational therapy, to a maximum of \$4,000 per Year. [7]

The unambiguous terms of the health care plan and the undisputed record do not support Pleasant's argument that he was entitled to coverage for nonrehabilitative

^{7 (}Emphasis added.)

expenses he incurred while an inpatient at the ARU at Swedish.⁸ Contrary to Pleasant's argument, coverage under the terms of the Regence health care plan turns on his admission to the ARU for "Inpatient Rehabilitation."

The provision Pleasant relies on, Section 8.7.1, applies only when the Member is "confined" in the hospital as an "Inpatient." Section 1.13 defines "Inpatient" as "[a] person confined overnight in a Hospital or other facility as a regularly admitted bed patient to whom a charge for room and board is made in accordance with the Hospital's or facility's standard practice." By contrast, Section 1.14 defines an "Inpatient Rehabilitation Admission" as "[a]n inpatient admission to a Company approved facility specifically for the purpose of receiving speech, physical, or occupational therapy in an inpatient setting."

There is no dispute that Pleasant's admission was an inpatient rehabilitation admission. After suffering a stroke on March 18, Pleasant was discharged from Swedish on April 5 to a skilled nursing care facility. On May 5, Pleasant was admitted to the ARU for elective rehabilitation for physical, occupational, and speech therapy, not as a "regularly admitted" hospital inpatient. Neither the medical records nor the declaration of Dr. Clawson suggest that the inpatient admission at the ARU was for any purpose other than rehabilitation. The elective inpatient admission to the ARU was

⁸ We grant Regence's motion to strike "Exhibit G," a map of Swedish Medical Center, because the document was not submitted below or considered by the trial court. <u>See</u> RAP 9.12 (on review of order granting summary judgment, "appellate court will consider only evidence and issues called to the attention of the trial court").

⁹ (Emphasis added.)

¹⁰ There is no dispute that Swedish is a hospital facility. Section 1.12 defines "hospital" as "[a]n accredited general Hospital that is a provider covered under this Contract."

"specifically for the purpose of receiving speech, physical, or occupational therapy in an inpatient setting."

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The two cases Pleasant relies on, <u>Dobias v. Service Life Insurance Co. of Omaha</u>, 469 N.W.2d 143 (Neb. 1991), and <u>National Family Care Life Insurance Co. v. Kuykandall</u>, 705 S.W.2d 267 (Tex. App. 1986), are distinguishable.

In <u>Dobias</u>, the insured's 18-year-old daughter fractured a vertebra when she was thrown from a truck. The spinal cord injury resulted in paralysis from the waist down and a number of serious complications. <u>Dobias</u>, 469 N.W.2d at 144. The daughter remained at Methodist Hospital in Omaha for 15 days following surgery. The doctors then transferred her to the rehabilitation center at Immanuel Medical Center to receive "24-hour acute nursing care and treatment for the complications from the spinal cord injury and paralysis." <u>Dobias</u>, 469 N.W.2d at 144.

The health insurance company paid for treatment at Methodist but denied the claim for care at Immanuel on the grounds that the policy did not provide coverage for rehabilitative care. Dobias, 469 N.W.2d at 144. The policy defined "hospital" to mean "'a place which: . . . (b) is primarily engaged in providing medical, diagnostic, and major surgical facilities on its own premises . . . ; (c) has continuous 24-hour nursing services . . . ; [and] (d) has a staff of one or more doctors available at all times.' "

Dobias, 469 N.W.2d at 144-45. The health insurance policy also expressly states that "hospital" does not mean "convalescent, nursing, rest, custodial, self-care, educational, or rehabilitative homes or units of hospitals used for such care." Dobias, 469 N.W.2d at 145.

¹¹ We note there are separate health care plan provisions addressing coverage for prescription drugs. Section 8.25.1 provides, "Benefits for Prescription Drugs as described below will be provided to an annual maximum of \$2,000."

The insureds sued the health insurance company arguing the policy did not unambiguously exclude coverage for the care their daughter received at Immanuel.

Dobias, 469 N.W.2d at 145. Following a trial, the court found that the definition of "hospital" excluded coverage for the care the daughter received at Immanuel. Dobias, 469 N.W.2d at 145.

On appeal, the court reversed. The court held that the evidence established the care the daughter received at Immanuel met the criteria for the definition of "hospital."

<u>Dobias</u>, 469 N.W.2d at 146. The court concluded, in pertinent part:

When [the daughter] was transferred to Immanuel, she was still in need of acute medical care in order to keep her alive. Any rehabilitative care which she received at Immanuel was incidental to the acute hospital care necessary to avoid the life-threatening complications she faced as a result of the spinal cord injury and paralysis. She received the services while she was a patient on a particular floor of a hospital which met the requirements of the hospital definition in the insurance policy. A hospital, by any other name, still provides acute medical care, and [the daughter] received acute medical care at Immanuel. It follows that Immanuel qualifies as a hospital under the policy definition.

Dobias, 469 N.W.2d at 146.

In <u>Kuykandall</u>, the insured was diagnosed with a pulmonary embolus and hospitalized in the ICU. <u>Kuykandall</u>, 705 S.W.2d at 269. After three days, the doctor transferred the insured from the ICU to a community hospital to continue to receive intensive care "in a like environment." <u>Kuykandall</u>, 705 S.W.2d at 269-70. The insurance company denied coverage for medical care the insured received at the community hospital in the coronary care unit (CCU). The health care policy excluded coverage for confinement in a CCU. Unlike an ICU, the policy did not define a CCU. <u>Kuykandall</u>, 705 S.W.2d at 269-70. A jury found the policy covered the expenses incurred at the CCU. <u>Kuykandall</u>, 705 S.W.2d at 269.

On appeal, the court noted the ambiguity in the policy and held that overwhelming evidence supported the jury verdict. Kuykandall, 705 S.W.2d at 270-71. The evidence showed the exclusion for care in a CCU applied only if it did not meet the standards for an ICU; that the intensive care the insured received at the CCU was "interchangeable" with the care at the ICU; and based on the diagnosis, the hospital changed the billing to reflect ICU care. Kuykandall, 705 S.W.2d at 270.

Here, unlike in <u>Dobias</u> and <u>Kuykandall</u>, the health care plan is not ambiguous. The health care plan makes a clear distinction between benefits for a hospital inpatient and inpatient rehabilitation. Further, the record establishes that Pleasant was admitted to the ARU after his release from Swedish for treatment of his stroke and 30 days of care at a skilled nursing facility. Patients are admitted to the ARU for rehabilitation only if they are medically stable. The medical records establish his admission to the ARU was a "Physician Referral (Non-health care Facility Point of Origin)" and was "Elective." The "Primary Service" is identified as "Rehab" and the "Secondary Service" as "None."

Pleasant also argues Regence improperly denied coverage for the medications he received while at the ARU. Pleasant relies on Section 6.1.11 to argue he is entitled to coverage for the drugs he received as an inpatient at the ARU. The unambiguous terms of the health care plan do not support his argument. Section 6.1.11 states that the plan covers the cost of drugs "for the Inpatient who is receiving the Benefits . . . for that confinement, unless otherwise excluded under this Contract." 12

(Emphasis added.)

¹² Section 6.1.11 provides, in pertinent part:

^{6.1.11 [}No Benefits will be provided for] Drugs, except as follows:

a. <u>Drugs will be provided for the Inpatient who is receiving the Benefits of this Contract for that confinement, unless otherwise excluded under this Contract.</u>

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We conclude the court did not err in concluding the health care plan limited the amount Pleasant was entitled to receive for inpatient rehabilitation at the ARU.

Mechanical Embolectomy

Pleasant also claims he is entitled to coverage for the mechanical embolectomy procedure. Pleasant argues Regence failed to meet its burden to show the mechanical embolectomy was an investigational procedure.

Consistent with the Washington Administrative Code (WAC), the individual health care plan addresses whether a procedure is investigational. See WAC 284-44-043(1) ("[e]very health care service contract...must include...a definition of experimental or investigational" services excluded under contract). The WAC also requires the insurer to "establish a reasonable procedure under which denials of benefits or refusals to preauthorize services because of an experimental or investigational exclusion or limitation may be appealed." WAC 284-44-043(4)(a). 14

Here, the health care plan excludes coverage for "investigational services or supplies." The health care plan defines "Investigational Service or Supply" and the criteria to determine whether a procedure is "investigational." Section 1.15 states:

SECTION 1.15

INVESTIGATIONAL SERVICE OR SUPPLY: A service or supply (including but not limited to drugs, devices, and other items) that is determined by the Company to meet any one of the following:

¹³ WAC 284-44-043(2) states, in pertinent part:

The definition of experimental or investigational services must include an identification of the authority or authorities which will make a determination of which services will be considered to be experimental or investigational. If the health care service contractor specifies that it, or an affiliated entity, is the authority making the determination, the criteria it will utilize to determine whether a service is experimental or investigational must be set forth in the contract and any certificate of coverage issued thereunder.

¹⁴ The health care plan provides an appeal process for denial of coverage based on a determination that the procedure is investigational. There is no dispute that Pleasant did not appeal the determination that the mechanical embolectomy was investigational.

- 1.15.1 Any service or supply classified as experimental and/or investigational by the national Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans, as adopted by the Company. The national Blue Cross Blue Shield Association's determination is based on the following criteria:
 - a. The scientific evidence must permit conclusions concerning the effect of the technology on health outcomes (which means significant measurable improvement in length of life, ability to function, or quality of life):
 - The technology must improve the net health outcome (as defined above);
 - c. The technology must be as beneficial as any established alternatives:
 - d. The improvement must be attainable outside the laboratory or clinical research setting; and
 - e. Items must have been approved by the U.S. Food and Drug Administration (FDA) as being safe and efficacious for general marketing, and permission must have been granted by the FDA for commercial distribution; or
- 1.15.2 Any service or supply classified as experimental or investigational by the Company. The Company's determination is based on the criteria specified under Paragraph 1.15.1.

Pleasant ignores both the WAC and the language of his individual health care plan. The health care plan complies with WAC 284-44-043 by setting forth the criteria Regence uses to determine whether a procedure is investigational. The Medical Policy describes the studies Regence relied on to determine a mechanical embolectomy used

to treat acute stroke is investigational.¹⁵ Regence also produced as evidence the medical studies it relied on in making that determination.

In the alternative, Pleasant claims Regence violated the CPA and acted in bad faith by failing to provide any reasonable explanation supporting the basis for denial of the mechanical embolectomy procedure. "[A] reasonable basis for denial of an insured's claim constitutes a complete defense to any claim that the insurer acted in bad faith or in violation of the Consumer Protection Act." <u>Dombrosky v. Farmers Ins. Co. of Wash.</u>, 84 Wn. App. 245, 260, 928 P.2d 1127 (1996).

Here, Regence sent Pleasant an "Explanation of Benefits" and a follow-up letter explaining why it considered the mechanical embolectomy to be investigational. The July 8, 2010 letter explaining its denial of coverage for the mechanical embolectomy states, in pertinent part:

Our Regence Medical Policy Mechanical Embolectomy for Treatment of Acute Stroke, Surgery 158, considers the above service(s) to be investigational. Your member contract includes a definition for investigational services or supplies. The contract also outlines that your health plan excludes coverage for investigational services[or] supplies. . . . Coverage of the requested service is denied because Regence Medical Policy considers this service to be investigational. The published clinical evidence is insufficient to conclude that mechanical embolectomy improves health outcomes of patients with acute stroke. The Regence Medical Policy detailing the rationale for this determination is published at http://blue.regence.com/trgmedpol/surgery/sur158.html. If you disagree with our decision, you have the right to request a review either verbally or in writing.

¹⁵ Pleasant also argues the court erred in denying his motion to exclude the Medical Policy, the medical studies, and Dr. Rainey's declaration. Pleasant cites King County Local Civil Rule 26(k)(4) requiring exclusion of witness testimony "not disclosed in compliance with this rule." But the undisputed record shows Regence provided Pleasant with the Medical Policy, produced the medical studies in compliance with a court order extending the date to respond to discovery, and that Regence was entitled to submit Dr. Rainey's declaration. We also note that in his declaration, Dr. Rainey largely restates information from the health care plan or the Medical Policy.

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We conclude Regence complied with the requirements of WAC 284-44-043 and provided a reasonable basis for denial of the claim for the mechanical embolectomy.

Reasonable minds could not differ that its denial of coverage was based upon reasonable grounds. Smith, 150 Wn.2d at 486.

We affirm summary judgment dismissal of the lawsuit against Regence.

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WE CONCUR:

Speerne, A.C.

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